



RidgeRunners" Running Club Membership Application

Membership is September 1 thru August 31 of the following year. These are our fees regardless of when you join during the Membership Year. It's simple and its cheap!

Membership is by household (single or married & children).

MEMBERSHIP FEES:

\$10.00 - LRPRA Member & Spouse
\$13.00 - Non-LRPRA Member & Spouse
(Make Checks payable to LRPRA, Inc.)

New Member: Renewal:

PRIMARY MEMBER

Last Name: _____ First Name: _____ Initial: _____

SPOUSE

Last Name: _____ First Name: _____ Initial: _____

Address: _____

City: _____ State: _____ Zip-Code: _____

Phone: (_____) _____ Email Address: _____

(We have no newsletter mailings!)

I hereby waive, release, and hold harmless Lake Ridge Parks and Recreation Association, Inc. (LRPRA), Road Runners Club of America (RRCA), and the members/officers of the RidgeRunners Running Club from any and all damage actions, claims, or cause of action for any loss, damage or injury suffered by me, my family, my guests, or invitees during participation in the program. I also attest that I am physically fit and in good health.

Signature: _____ Date: _____

PRINT THIS FORM, PROVIDE ALL INFORMATION AND MAIL/DELIVER TO:

RidgeRunners Running Club
c/o LRPRA, Inc.
12350 Oakwood Dr.
Lake Ridge, Virginia 22192-1928