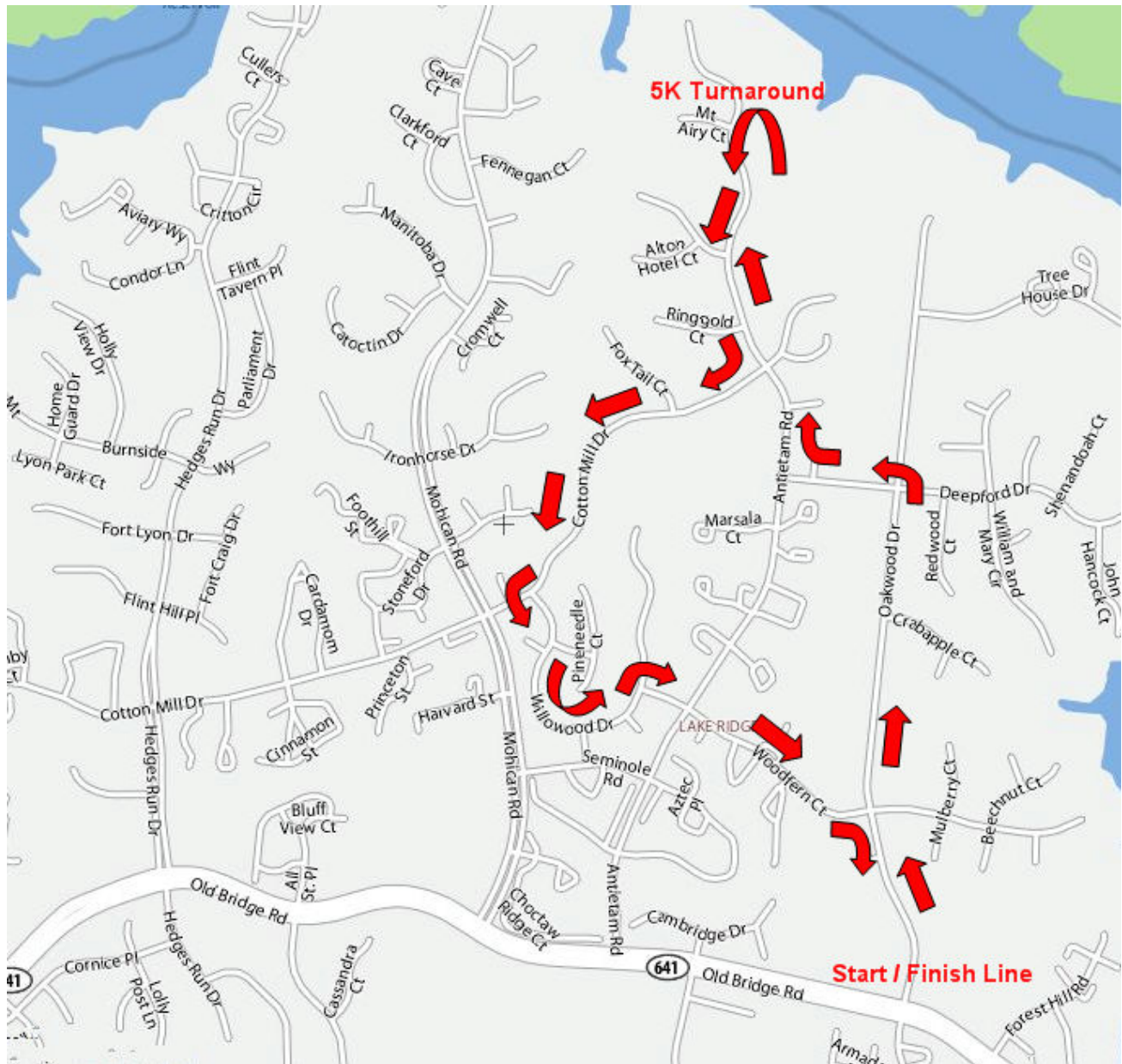


# May Day 5K Run & 5K Walk



Hilly, challenging course winding through the neighborhoods of Lake Ridge. The course will be marked and marshaled.

The 5K Walk starts and finishes at the Ridge-Wood Community Center located on Oakwood Dr. From the starting line proceed on Oakwood Dr. to Deepford Dr.; turn left onto Deepford Dr. and proceed for 1 block; turn right onto Antietam Rd. and proceed to Mt. Airy Ct. for the turnaround; proceed back up Antietam Rd. until Cotton Mill Dr.; turn right onto Cotton Mill Dr. and proceed to Willowood Dr.; turn left onto Willowood Dr. and proceed to Woodfern Ct.; turn right onto Woodfern Ct. and proceed crossing Antietam Rd. to Oakwood Dr.; turn right onto Oakwood Dr. and proceed to the finish line.